



**“Together We Can Heal & Recover”**

**Endurance:**

A division of Zealous Inc.

*“To Be Relentless to Change”  
An Alternative Approach to  
obtain Sustainable Sobriety*

**“We all have a thriving future”**

*Endurance a Division of Zealous Inc.*

**Bowie Maryland 20720**

# *Endurance*

*A Division of Zealous Inc  
“To be Relentless to Change”*

*An Alternative Approach to obtain  
Sustainable Sobriety*

**“You’re worth it “**

*Endurance – a difficult process  
or situation without giving up!*



501 (C) (3) Organization

\*This is not a religious affiliation



### Purpose:

Endurance is a non-profit 501 C3 alternative Support Group for those who struggle with addiction to Alcohol and or Drugs.

### Supports:

We will meet in different convenient locations throughout Maryland. We want to ensure that we are accessible for all that want to attend and work on their recovery.

Endurance specializes in dealing with the Guilt & Shame of addiction. We help identify stressors & triggers created by day to day life situations. The group assists with discovering and implementing boundaries, strategic thinking, goal setting and learning how to navigate life's obstacles. We encourage making a lifestyle change in sobriety.

### Is this another AA or NA Group?

**NO!!** Endurance is an Alternative or an Addition to traditional methods to obtain sobriety. Our goal is similar, but our methods are different. We are especially committed to assisting those afraid that they may have a problem and are not

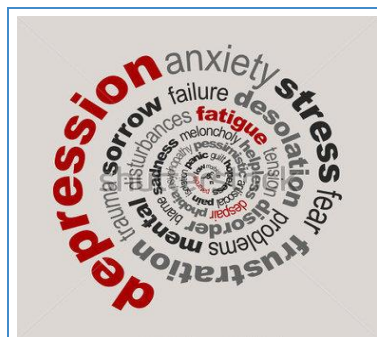
sure how to identify it. If you are unsure that you have the traits of an addiction, we help you acknowledge and face the issue. AA & NA are not for everyone. It's great to have an option or alternate choice to add to your recovery process.

The Endurance Support Group utilizes different approaches which including group meetings,

### Judgement Free.

Drugs and Alcohol alters our minds and influences our behavior/actions. We use Drugs or Alcohol to escape the reality of daily living which includes but is not limited to: trauma, abandonment, grief, broken trust and the pressure of life altering situations.

The Endurance Support Group wants to reach those that are suffering in silence with alcoholism & drug use. YOU often feel that you don't have anyone to talk to or confide in. Fear, embarrassment and loneliness breed a unique set of needs, wants and desires and causes us to isolate from others. Endurance is here for anyone that wants to change their outcome.



On a Monthly basis, Endurance will host meetings, outings and planned activities to celebrate sobriety.

### Locations:

Endurance meetings are being held throughout Maryland. Times and Locations are available on our Outlook Calendar (see below). Contact Endurance by phone or email in order to schedule a meeting for your group or organization.

Stay tuned for virtual meetings and follow Endurance on Twitter and Facebook to be inspired and continue to fight for your sobriety.

Endurance a Division of Zealous Inc.

Bowie, Maryland

Contact Lynn for details :301-399-9749

Email to Lynn:

Myendurance2change@outlook.com



Twitter: @myendurance2



Facebook (PRIVATE) Group: Endurance

Website:

zealousincservices.com

\*website is under construction

Incorporating Changes & Social Distancing Due to Covid-19. Updates and schedules can be found on Facebook and Twitter until updates are complete."